

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – 09-Jan-2026

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS

(RS3 & RS4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define Weaning.
b) Write the points to be remembered while weaning.
c) Prepare the weaning schedule
2. Define Balanced Diet. Explain the components of Balanced Diet.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Micro and Macro nutrients
4. Discuss the routine hospital diet.
5. Food hygiene and its effects
6. Pasteurization

SHORT ANSWERS

5 x 2 = 10 Marks

7. Food poisoning
8. Colostrum
9. Baking
10. Sources of Calcium
11. Phrynoderma
