

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.Sc. Nursing Degree Examination – 12-Dec-2025

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS2, RS3, RS4 & RS5) Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Define psychotherapy.
b) Enlist the types of psychotherapy.
c) Explain the techniques of behaviour therapy.
2. a) Describe the clinical features of a patient suffering from mania.
b) Develop a nursing care plan for a patient suffering with mania by nursing process approach

SHORT ESSAYS

7 x 5 = 35 Marks

3. Explain the current trends in Mental health nursing.
4. Explain Existential model.
5. Explain therapeutic impasses in nurse patient relationship.
6. Explain the management of Alcohol Dependence Syndrome.
7. Describe Attention Deficit Hyperactivity Disorder.
8. Explain crisis intervention.
9. Explain the role of a nurse in Psychiatric rehabilitation.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Differentiate Suppression & Repression with example
11. List the components of therapeutic relationship.
12. Enumerate the types of family therapy.
13. Write the meaning of depressive cognitions.
14. Write the characteristic features of Hebephrenic schizophrenia.
15. List the types of phobia.
16. Define dissociative identity disorder.
17. Differentiate transsexualism and transvestism.
18. Enlist the legal responsibilities of a mental health nurse.
19. List the importance of informed consent.
